SEAT

SEAT is committed to a policy of continuous product development and reserves the right to make changes to specifications, colours and prices without notice. The information in this brochure can therefore be given as guidance only. While SEAT makes every effort to ensure that specifications are accurate at the time of publication, you should always check with your authorised SEAT Partner for the latest information. Due to limitations of the printing process the colours reproduced in this brochure may vary slightly from the actual paint colour and material. This vehicle and all its parts, as well as the original spares, were designed according to the Legal Regulations governing the prevention and minimisation of Environmental Impact, through the use of recycled/ recyclable materials, with measures taken to achieve suitable recycling for the conservation and improvement of environmental quality.

02/2020. Printed in Spain.









The world doesn't stand still. And neither do you. Every challenge is an opportunity to try something new. Be curious. Keep pushing forward.

It's the way we live too. SEAT is a brand born in Barcelona. Inspired by colour and light. Fuelled by creative energy and optimism. We're here to make it easier for you to move the way you want to. So, where shall we go The new SEAT Ateca has been redesigned to give an all-improved, more robust feel. Positively moving forward – the same great SUV, specially adapted for bigger living and uncharted territories. A true embodiment of versatility and freedom: with a modern sportive design as standard and advanced tech features to get you out into the world larger than ever. Give yourself the space you need. Exploration fulfilled, with a bigger, bolder outlook. Ready for endless possibilities, where will it take you?

Live lorge.



Wherever you go, bring a touch of sportiness to the party.

Boasting a larger Front Grille and AERO 19" Alloy Wheels for better handling and performance. Hidden exhaust pipes framed in black give it a subtly sophisticated charm. All signed off with the hand-written name badge. The SEAT Ateca is bold and ready for any adventure it might take you on.









Make it the way you want it with personal touches. For Nordic style and the comfort of home, choose the Xperience trim with its door panels and central console in Light wood finish. Let the sun shine in through the expansive sunroof.

Have it your way.

There's a whole new world to discover.

The more you see, the more you know. The new and bigger SEAT Navi system with a 9.2" screen splits into 3 panels for easier access and visibility while you focus on the drive ahead. Combine style and efficiency with 100% Full LED in front and rear lights and indicators.



0 m at 0 2 0







Knowledge is power.

SEAT CONNECT's online services help keep you in touch with your world. Feel more relaxed and safer while you're behind the wheel. And connect to it all easily, through the radio or your SEAT Navi System, Customer web portal or SEAT CONNECT app. Stay on track. Keep connected.

Please note: The availability of SEAT CONNECT services may vary depending on your country, vehicle and vehicle equipment.

Remote access.

For a life lived on the move. Manage your vehicle from wherever you are. Check its location and fuel level on your smartphone and set your ideal temperature before you even get in.

Online infotainment.

When you're fully connected the possibilities are endless. Calculate the distance to your destination, receive real-time updates on road conditions and find the nearest available parking space.

Safety and service.

Emergency Call and online roadside assistance ensure you feel good while driving. Always on. Always safe. Being fully connected gives you peace of mind. Wherever you are.

Get by with a little help from your car.

Climacoat.

For comfort and convenience all year round. The heated windshield defrosts in under 3 minutes while reflecting the sun to maintain a comfortable interior temperature in summer, minimising air-conditioning consumption and reducing glare to improve occupant safety and well-being.

Heated steering wheel.

For increased comfort and control. Guaranteeing optimal driving safety, even in the most extreme of driving conditions.









For increased comfort and control. Guaranteeing optimal driving safety, even in the most extreme of driving conditions.

Enjoy worry-free driving.

Today's driver has more things than ever to watch out for on the roads. That's why the SEAT Ateca comes with the latest safety features to let you focus on what's important. The ride.



Travel Assist.

For total control at your fingertips. Travel Assist combines Adaptive Cruise Control and Lane Assist at the touch of a button. And warns you when detecting your hands are not on the wheel.



Predictive ACC.

Equipped with a semi-automatic driving assistant that adjusts your speed according to traffic and keeps you in lane. ACC predictive uses maps as well as the Traffic Sign Recognition function: integrating speed limits and road signs en route, making sure you keep to the right speed while cruising.

Wheels.



16" BRILLIANT SILVER



17" BRILLIANT SILVER



17" DYNAMIC 36/1 MACHINED ALLOY WHEELS IN NUCLEAR GREY





18" PERFORMANCE 36/2 NUCLEAR GREY MACHINED



18" BRILLIANT SILVER



18" BRILLIANT SILVER



18" PERFORMANCE 36/3 MACHINED ALLOY WHEELS IN COSMO GREY

Reference R Style S Xperience X FR FR Serial Optional *With decorative inserts.



 $\left| \right\rangle$

18" PERFORMANCE 36/8 MACHINED (SOP 48/20)



19" EXCLUSIVE 36/4 MACHINED ALLOY WHEELS IN NUCLEAR GREY



19" EXCLUSIVE 36/5 MACHINED AEROWHEELS IN NUCLEAR GREY



19" EXCLUSIVE 36/7 MACHINED ALLOY WHEELS IN COSMO GREY*



19" EXCLUSIVE 36/6 MACHINED AEROWHEELS IN COSMO GREY



19" EXCLUSIVE 36/8 MACHINED (SOP 48/20)



19" EXCLUSIVE 36/10 MACHINED ALLOY WHEELS IN GLOSSY BLACK

Reference R Style St Xperience XP FR FR Serial Optional









R St XC FR

RODIUM GREY

BRILLIANT SILVER

R St XC



MAGIC BLACK R St XC **CRYSTAL BLACK**

St XC FR

NEVADA WHITE

R St XC FR



Upholstery.





R TEXTILE (BK)







ST DINAMICA SEATS (BK+PL7)









TEXTILE (BL)

St



DINAMICA SEATS (BL+PL7)

XP

DINAMICA SEATS (BM+PL7)

FR

XP





LEATHER SEATS (BM+WL1)

TEXTILE (BM)

FR

- FR

LEATHER SEATS (BL+WL1)







Reference R Style St Xperience XC FR FR Serial 📕 Optional 📕



Accessories.

Ski rack.

How do you make the most of winter? The rack can carry up to 6 pairs of skis or 4 snowboards and comes with soft rubber pads to protect equipment during transport.

Roof box.

Big plans? These weather-resistant roof boxes come in a range of 400l to 460l, support up to 50 kg of weight and use a double-opening system so you can easily access your gear. Easily attach it to the roof bars, even with a sunroof. Transport solutions taken care of.

Towing bike rack.

Taking on the road on 2 wheels? With the towing bike rack, you can transport up to 3 bikes with an extension set. It's even adapted for e-bikes. Tailored to your SEAT, it complies with all our quality tests. And with an easy-loading tilt system, you'll be on your way to the trails, or the winding road, in no time.

Engine specs.

Petrol	Reference	Style	Xcellence	FR
1.0 EcoTSI 110 HP (81 kW) MQ-6 Start/Stop	•	•	•	٠
1.0 EcoTSI 115 HP (85 kW) MQ-6 Start/Stop	٠	٠	•	٠
1.5 EcoTSI 150 HP (110 kW) ACT MQ-6 Start/Stop	-	٠	٠	٠
1.5 EcoTSI 150 HP (110 kW) ACT DSG-7 Start/Stop	-	٠	٠	٠
2.0 EcoTSI 190 HP (140 kW) BZ DSG-7 4WD Start/Stop	-	•	•	•
2.0 EcoTSI 190 HP (140 kW) BZ DSG-7 4WD Start/Stop	-	-	•	•
1.4 EcoTSI 150 HP (110 kW) AQ300 DSG-8 Start/Stop	-	•	•	•
Diesel				
2.0 TDI CR 110 HP (85 kW) CR MQ-6 Start/Stop	•	٠	•	•
2.0 TDI CR 150 HP (110 kW) CR MQ-6 Start/Stop	-	•	•	•
2.0 TDI CR 150 HP (110 kW) CR MQ-6 Start/Stop	-	•	•	•
2.0 TDI CR 150 HP (110 kW) CR DSG-7 Start/Stop	-	•	•	•
2.0 TDI CR 150 HP (110 kW) CR DSG-7 Start/Stop	-	•	•	•
2.0 TDI CR 150 HP (110 kW) CR DSG-7 4WD Start/Stop	-	٠	•	٠
2.0 TDI CR 150 HP (110 kW) CR DSG-7 4WD Start/Stop	-	•	•	•

Dimensions.





* Model with 215/60 R16 ET43